

# Revised Syllabus

**DEPARTMENT OF PSYCHOLOGY**  
**COURSE CURRICULUM & MARKING SCHEME**

## **B.A. I & II Semester** **PSYCHOLOGY**

**(Based on Choice Based Credit System)**

**SESSION : 2022-23**



**ESTD : 1958**

**GOVT. V.Y.T. PG AUTONOMOUS COLLEGE,**  
**DURG, 491001 (C.G.)**

(Former Name – Govt. Arts & Science College, Durg)

NAAC Accredited Grade A<sup>+</sup>, College with CPE - Phase III (UGC), STAR COLLEGE (DBT)

Phone : 0788-2212030

Website - [www.govtsciencecollegedurg.ac.in](http://www.govtsciencecollegedurg.ac.in), Email – [autonomousdurg2013@gmail.com](mailto:autonomousdurg2013@gmail.com)

DEPARTMENT OF PSYCHOLOGY

GOVT. V.Y.T. PG. AUTONOMOUS COLLEGE, DURG

Approved syllabus for B.A-I and II Semester, Psychology by the members of Board of Studies  
for the Session 2022-23

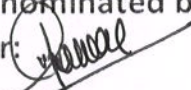

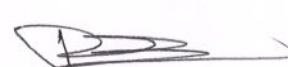

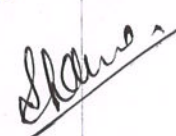

The syllabus with the paper combinations is as under

B.A.-I:

<p><u>SEMESTER -I</u></p> <p>DSC: Title of the paper- BASIC PSYCHOLOGICAL PROCESSES</p> <p>VAC: Title of the paper- Personality Development</p>
<p><u>SEMESTER -II</u></p> <p>DSC -Title of the paper PSYCHOPATHOLOGY</p>

The syllabus for B.A., Psychology is hereby approved for the session 2022-23.

Name and Signatures of the Members :

<p>HOD (Chairperson):</p> <p>Member, nominated by the Vice Chancellor: </p> <p>Subject Expert : </p> <p>Subject Expert: </p>	<p>Members of the Department </p> <p>Member of the other department </p> <p>Ex Student </p>
-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------




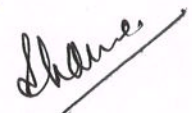

# Syllabus and Marking Scheme for B.A. First Year( Semester-1 and II)

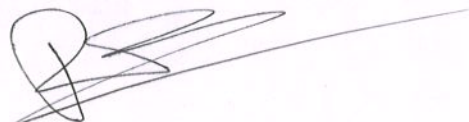
Session 2022-23

Semester	Title of the Paper	Marks Allotted (80 % External and 20% Internal)	
		Max	Min
I	DSC- BASIC PSYCHOLOGICAL PROCESSES	75	30
I	Practicum (Practical)	25	10
I	VAC- Personality Development ( Theory)	25	10
	Practicum (Practical)	25	10
II	DSC – PSYCHOPATHOLOGY	75	30
II	Practicum (Practical)	25	10

The syllabus for B.A. Psychology, Semester-I & II is hereby approved for the session 2022-23.

Name and Signatures of the Members :

HOD (Chairperson: 	Members of the Department 
Member, nominated by the Vice Chancellor 	Member of the other department 
Subject Expert : 	
Subject Expert:	Ex Student



**DEPARTMENT OF PSYCHOLOGY**  
**GOVT. V. Y. T. P.G. AUTONOMOUS COLLEGE, DURG**  
**VALUE ADDED COURSE**  
**ON PERSONALITY DEVELOPMENT**  
**SESSION 2022-23**

**Credit-2 ( 1 T and 1P)**

**CO:**

1. Understanding to personality.
2. Understanding the motivation ✓
3. Define goal and achievement. ✓
4. Manage stress, anxiety and anger
5. Develop health fitness and self confidence.

**Syllabus**

**THEORY**

1. **Personality: Nature, Traits and Types of Personality. Personality Skill and its Development, Personality –strength and weakness.**
2. **Motivation: Nature and Types, Role of motivation in Personality Development.**
3. **Set of Goals, Achievement of Goals and Time Management**
4. **Stress, Anxiety and Anger Management.**
5. **Health Fitness and Self Confidence.**
6. *Mature personality*

**PRACTICAL**

1. **Presentation Skill** *Psychometry*
2. **Meditation and Relaxation**
3. **Develop of Self Leadership Skill**
4. **Introspection Report**

The syllabus for VAS on personality development is hereby approved for the session 2022-23.

Name and Signatures of the Members :

HOD (Chairperson): <i>Rachita</i>	Members of the Department <i>Ishtu</i>
Member, nominated by the Vice Chancellor: <i>Shweta</i>	Member of the other department <i>Shweta</i>
Subject Expert : <i>Ushabey</i>	Ex Student <i>Anshu</i> <i>Shweta</i>
Subject Expert: <i>[Signature]</i>	

*The paper should be taught by psychology teachers only.*  
*[Signature]*

*[Signature]*

**B.A., PSYCHOLOGY-**  
**Semester-I**  
**Session 2022-23.**  
**BASIC PSYCHOLOGICAL PROCESSES**

M.M. 75

**CO:**

- CO: 1. Understanding the psychology.  
CO: 2. Understanding of basic Biological process of Behaviors.  
CO: 3. understanding and explaining the sensory perceptual process.  
CO: 4. understanding and applying learning and memory process.  
CO: 5. Understanding Cognitive and Non-Cognitive Processes.

**UNIT – I**

Introduction - Definition and Goals of Psychology; Behaviorist, Cognitive and Humanistic; Cross-Cultural Perspective; Methods: Experimental, Observation, Interview, Questionnaire and Case Study.

**UNIT –II**

Biological Bases of Behaviors: Genes and Behavior, The Nervous System: C.N.S., A.N.S. and Peripheral Nervous System; Glands and Hormones.

**UNIT –III**

Sensory Perceptual Processes - Nature and Types of Sensation and Perception; Attention Process: Definition, Types and Determinants; Principles of Perceptual Organization.

**UNIT –IV**

Learning and Memory: Classical and Operant Conditioning - Basic Processes; Verbal and Observational Learning. Memory: Sensory, S.T.M., L.T.M.

**UNIT –V**

Cognitive and Non-Cognitive Processes: Intelligence: Nature and Types; Motivation: Biogenic and Sociogenic Motives; Thinking Process: Nature, Personality: Nature, Trait and Types

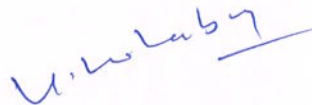
**BOOKS :**

- Adhunik Samanya Manovigyan By R.N. Singh, Vinod Pustak Mandir Agra
- Adhunik Samanya Manovigyan by Preeti Varma
- Adhunik Manovigyan by S.S. Mathur
- Balon R.A., Barne D.A. - Understanding behavior, Tokyo Halt Sounders
- Zimbardo P.G. & Walser AL, 1997 - Psychology New York ,Harper Collins College Publishers
- Uchcharat Samanya Manovigyan-A.K. Singh

The syllabus for B.A., Psychology semester first is hereby approved for the session 2022-23.











**B.A., PSYCHOLOGY**

**Semester-I**

**Session 2022-23**

**PRACTICUM**

M.M. 25

CO:

1. Observing human behaviors.
2. Understanding of self and others.

**Note:** This paper consists of two parts: (a) Comprises of Laboratory Experiments. (b) Understanding of self and others.

**Experiments** - (any Three of the following) :- (I) Effect of Set on Perception, (II) Effect of Frustration on Performance, (III) Division of Attention, (IV) Learning Curve/Serial Position Curve. (V) Retroactive Inhibition. (VI) S.T.M. (VII) Concept Formation (VIII) Judgment of Emotions through Facial Expressions.

**Anecdotal Record:** (any one)

Each student will be required to observe the behavior of pupil in different settings and select an anecdote to understand, judge and narrate it as objectively as possible, so as to reveal his/her psychological insight existing in that anecdotal behavior. This record constitutes a part of psychological assessment of the students.

**DISTRIBUTION OF MARKS:**

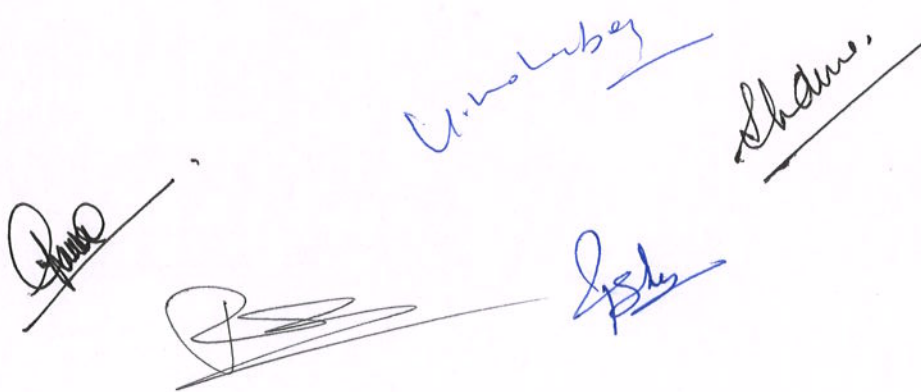
- A. Conduction of psychological experiment and reporting - 10 marks.
- B. Evaluation of Practical Notebook and Anecdotal Record - 05 marks.
- C. Viva - Voce - 05 marks.
- D. Internal Assessments-05 marks

**Note:** No candidate will be allowed to appear in the practical examination unless his/her day to day practical work and the report are found satisfactory.

**REFERENCES:**

Choubey, A. (2015). Psycho-Lab- Experiment and Test, Vaibhav Prakashan, Raipur.

The syllabus for B.A., Psychology is hereby approved for the session 2022-23



**B.A., PSYCHOLOGY**

**Semester-II**

**Session 2022-23**

**PSYCHOPATHOLOGY**

M.M. 75

**CO:**

- CO: 1. Understanding the Normality and Abnormality Behaviour.  
CO: 2. Assessment of Psychopathology.  
CO: 3. understanding Anxiety Disorders.  
CO: 4. understanding Mood Disorder.  
CO: 5. Management of Psychopathology

**UNIT – I**

Introduction: The Concept of Normality and Abnormality; Models of Psychopathology: Psychodynamic, Behavioral and Cognitive.

**UNIT –II**

Assessment of Psychopathology: - Diagnostic Tests, Rating Scales, Clinical Interview, Projective Tests.

**UNIT –III**

Anxiety Disorders: Panic Disorder, Phobias, Obsessive - Compulsive Disorder (OCD), Generalized anxiety Disorder(GAD).

**UNIT –IV**

Mood Disorder: Depression, Manic - Depressive Episode and Dysthemia. Personality Disorders: Paranoia, Schizophrenia.

**UNIT –V**

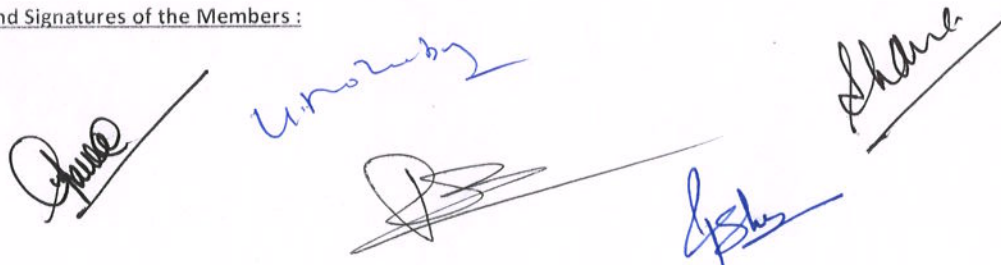
Management of Psychopathology: Psychosocial Therapy: Psychoanalysis, Group Therapy and Behavior Therapy , Yoga and Meditation .

**LIST OF REFERENCE BOOKS:**

1. Lamm, A. (1997) -Introduction to Psychopathology, Sage, N.Y.
2. Buss, A. H. (1999) - Psychopathology N. Y. John Wilcy
3. Labha Singh Tatha Tiwari- Asamanya Manovigyan, Agara Vi nod Pustak, Bhandar.
4. Kapil, H.K. - Asamanya Manovigyan , Harprasad Bhargava, Agara.
5. A.K. Singh – Aadhunik Asamanya Manovigyan

The syllabus for B.A., Psychology, semester second is hereby approved for the session 2022-23

**Name and Signatures of the Members :**



**B.A., PSYCHOLOGY**  
**Semester-II**

**Session 2022-23**

**PRACTICUM**

M.M. 25

CO:

1. Applying Psychological Test on subjects.
2. Analyzing the case study.

**Note:** This paper consists of two parts: (a) comprises of psychological testing. (b) Understanding the psychological case.

(A) **Psychological Testing** (any Three of the following tests :- (I) Verbal/ Non-Verbal Intelligence Test/Performance Tests, (ii) E.P.I. (iii) Anxiety Test, (IV) Depression Scale, (V) Adjustment Inventory, (VI) Achievement Motivation, (Vii) Stress Tolerance Test, (viii) Judgment of Emotions through Facial Expressions.

(B) Case Study: any one

Each student will be required to done Case study.  
This record constitutes a part of psychological assessment of the students.

**DISTRIBUTION OF MARKS:**

- A. Conduction of psychological Testing and reporting - 10 marks.
- B. Evaluation of Practical Notebook and case study - 05 marks.
- C. Viva - Voce - 05 marks.
- D. Internal Assesments-05 marks

**Note:** No candidate will be allowed to appear in the practical examination unless his/her day to day practical work and the report are found satisfactory.

**REFERENCES:**

Choubey,A.(2015). Psycho-Lab- Experiment and Test, Vaibhav Prakashan, Raipur.

